

# Sure, she's a great listener, but can she offer solutions?

**Aetna Resources For Living<sup>SM</sup>**, offering RetirEase

When you need to pour your heart out, there's no one quite like the family pet. Loyal. Positive. And friendly.

But let's face it — Bella can come up short on good advice. The next time you need to talk about an emotional issue, call Aetna Resources For Living.

We can assist you with:

- Depression
- Stress and anxiety
- Marital problems
- Making time for you
- Financial worries
- Alcohol or drug abuse

**RetirEase: Your Retiree Assistance Program**

**To be eligible for RetirEase you or a member of your household must be a TRS-Care Standard plan participant, which includes dependents up to age 26.**

Confidential assistance available 24 hours a day, 7 days a week.

**1-844-727-4877**

**[www.resourcesforliving.com](http://www.resourcesforliving.com)**

**Username: RetirEase / Password: TRS**



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